Gluten-Free Corn Bread

Ingredients:

1 c. all-purpose gluten-free flour

1 c. gluten-free yellow corn meal

3 1/2 baking powder

1 tsp. salt

3 T. sugar

1 egg, slightly beaten

1 c. buttermilk

1/2 c. butter, melted

Directions:

Mix flour, corn meal, baking powder, salt and sugar in a large mixing bowl. Using a separate bowl, combine egg, buttermilk, and melted butter. Pour into the flour mixture and stir just enough to moisten the dry ingredients. Do not beat.

Turn into a greased baking dish (8 x 8) or a medium-sized cast iron skillet. Bake at 425°F for 25 minutes.

Serve hot.